



Providing Elders Additional Sustenance

The Providing Elders Additional Sustenance (PEAS) Program is designed to support older adults in our community by providing monthly grocery or meal delivery to qualifying individuals. Call 704-348-2708 to sign up.

ABOUT PEAS

Many older adults have difficulty accessing nutritious foods that meet their unique needs. Malnutrition in older adults can result from poor appetite due to health conditions, trouble chewing or swallowing or difficulty performing daily activities like grocery shopping, cooking or eating. Eligible participants will receive groceries or meals, helping ensure access to nutritious food and promoting independence at home.

WHO QUALIFIES?

- Adults aged 60 and over who are experiencing memory loss or cognitive impairment that affect daily life
- Adults aged 60 and over who need help with three or more daily living activities, like dressing, bathing or eating